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Registered by the Royal College of Dental Surgeons as Specialists in Periodontics
Diplomates of the American Board of Periodontology

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Post Sedation Instructions

1. Rest for the remainder of the day.
2. Do not perform any strenuous activity. You should remain in the company of an adult until you become fully alert.
3. Do not attempt to eat a heavy meal immediately, if hungry, a light diet (liquids and toasts) will be more than adequate.
4. A feeling of nausea may occasionally develop after sedation. You may lie down for a while or have a glass of cola beverage.
5. Do not operate a motor vehicle for 18 hours or perform any hazardous tasks for the remainder of the day.
6. Do not drink alcohol or take other non-prescribed drugs for the next 18 hours.
7. Take your medication as instructed on the postoperative sheet.
8. If you have any unusual problems or any questions, please contact the office.